



Caregiving 101

Are you a Caregiver for a parent, spouse or adult family member? This 2 hour class will offer some tips and tools to help you in your role as a Caregiver.

The class will be on Thursday, March 8th from 10am - 12pm at The Chico Library in the meeting room. Please call Nancy Khanchandani with any questions or to register at 898-5228.

Mountain Caregiver Resource Center of  PASSAGES