

Help Is Available!

Mountain Caregiver Resource Center

A program of  **PASSAGES**

Call us today!
800-995-0878

We Can Help...

- Reduce Your Stress
- Understand Your Loved One's Condition
- Establish a Support Network
- Plan for the Future

Redding

405 South Street, Suite C
Redding, CA 96001
(530) 229-0878

Chico

25 Main Street, Suite 202
Chico, CA 95929
(530) 898-5925

(800) 995-0878

www.MountainCRC.org
MCRC@csuchico.edu

Mountain Caregiver Resource Center

Who Is A Caregiver?

Anyone providing assistance to someone over the age of 18 who is incapacitated to some degree and needs help.

Most Services Are Free:

- Family Consultation and Care Planning
- Support Groups
- Respite Care
- Specialized Information and Resources
- Training and Workshops
- Home Modifications

Servicing the Following Counties:

Butte, Glenn, Colusa, Lassen, Modoc, Plumas,
Shasta, Siskiyou, Tehama, Trinity.



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