



## Giving Back Is Good For You, Too

Older Americans who volunteer frequently live longer and report better health. Volunteering can also lead to more friendships and a more positive attitude.

# Join Foster Grandparents Today.

Help Children Who Need it Most.

“

I try to dream up new activities to help the children in the Head Start program prepare for elementary school. I see them improve and advance, right before my eyes. Their progression is amazing.

– Neil Weare  
Foster Grandparent  
Volunteer

”



## Join Foster Grandparents Today.

Help Children Who Need it Most.

JUST CALL

Passages Volunteer Services

 (530) 898-5293

TTY

800-833-3722

VISIT OUR WEBSITES

[www.NationalService.gov/SeniorCorps](http://www.NationalService.gov/SeniorCorps)

[www.PassagesCenter.org](http://www.PassagesCenter.org)

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Scan this QR Code to see our website on your mobile device.

The Foster Grandparent Program is a part of Senior Corps, along with RSVP and Senior Companions. Senior Corps is administered by the Corporation for National and Community Service, the federal agency that improves lives, strengthens communities, and fosters civic engagement through service and volunteering.



## FOSTER GRANDPARENTS

Share Today. Shape Tomorrow.



## Make a Difference In Your Community Today.