



In Person Support Groups

The most valuable support a family caregiver can receive is from a peer – someone who truly understands what it is like to care for a loved one. Support Groups provide a supportive atmosphere to share experiences and ideas as a way to ease the stress of caregiving.

Get Connected

Chico Caregiver Group

When: 3rd Mondays every month
Where: The Terraces in Chico
2750 Sierra Sunrise Terrace
Time: 10:00AM

**Butte County
Contact: 530.898.5925**

Oroville Caregiver Group

When: 2nd Mondays every month
Where: Feather River Senior Citizen Center
135 Meyers Street in Oroville
Time: 2PM

Dates & Times

Subject to Change



Visit our website:



Email: mcrc@csuchico.edu Phone: 530.898.5925

Social Media: [Facebook Page](#)