

CAREGIVER SUPPORT GROUP

Dates, times, and locations are subject to change. Please call before attending, if this is the first time going or haven't been in a while.

Butte County (530.898.5925)

Chico

3rd Mondays monthly 10:00 – 11:30am The Terraces (Shasta Room) 2750 Sierra Sunrise Terrace

Oroville

2nd Mondays monthly 2:00 – 4pm Feather River Senior Citizen Center 1335 Myers Street

Paradise

2nd Tuesdays monthly 11am – 12:30pm Jubilee Church 6280 Clark Rd.

<u> Tehama County (530.898.5925)</u>

Red Bluff

3rd Fridays monthly 1:30 – 3pm Tehama County Library 545 Diamond Ave.

<u>Shasta County (530.221.1900)</u>

Redding - Caring for a Spouse

1st Thursdays monthly
2 -4pm
Oakmont Senior Living
2150 Bechelli Ln.
(Park across street at big flag)

Redding

2nd Thursdays monthly
2 – 4pm
Oakmont Senior Living
2150 Bechelli Ln.
(Park across street at big flag)

Siskiyou County (530.221.1900)

Mt. Shasta

3rd Wednesdays monthly 1:00 – 2:30pm Mt. Shasta Baptist Church 812 Lassen Lane

Trinity County (530.221.1900)

Weaverville

4th Thursdays monthly 1:00 – 2pm Trinity County Office of Education (Granite Room) 201 Memorial Drive