



# CAREGIVER SUPPORT GROUP

*Dates, times, and locations are subject to change. Please call before attending, if this is the first time going or haven't been in a while.*

## **Butte County (530.898.5925)**

### **Chico**

3rd Mondays monthly  
10:00 – 11:30am  
The Terraces (Shasta Room)  
2750 Sierra Sunrise Terrace

### **Oroville**

2nd Mondays monthly  
2:00 – 4pm  
Feather River Senior Citizen Center  
1335 Myers Street

### **Paradise**

2nd Tuesdays monthly  
11am – 12:30pm  
Jubilee Church  
6280 Clark Rd.

## **Tehama County (530.898.5925)**

### **Red Bluff**

2nd Tuesdays monthly  
1:30 – 3pm  
Tehama County Library  
545 Diamond Ave.

## **Shasta County (530.221.1900)**

### **Redding – Caring for a Spouse**

1st Thursdays monthly  
2 -4pm  
Oakmont Senior Living  
2150 Bechelli Ln.  
(Park across street at big flag)

### **Redding**

2nd Thursdays monthly  
2 – 4pm  
Oakmont Senior Living  
2150 Bechelli Ln.  
(Park across street at big flag)

## **Siskiyou County (530.221.1900)**

### **Mt. Shasta**

3rd Wednesdays monthly  
1:00 – 2:30pm  
Mt. Shasta Baptist Church  
812 Lassen Lane

## **Trinity County (530.221.1900)**

### **Weaverville**

4th Thursdays monthly  
1:00 – 2pm  
Trinity County Office of Education  
(Granite Room) 201 Memorial Drive