

CAREGIVER SUPPORT GROUPS

Dates, times, and locations are subject to change. Please call before attending, if this is your first time going or you haven't been in a while.

Butte County (530.898.5925)

Chico

3rd Mondays monthly
10:00 – 11:30 am
The Inn at The Terraces (Shasta Room)
2750 Sierra Sunrise Terrace

Chico - LGBTQ+ Caregivers

4th Tuesdays monthly
1:30 – 3:00 pm
Stonewall Alliance Center
358 E 6th St.

Oroville

2nd Wednesdays monthly
2:00 – 3:30 pm
Feather River Senior Citizen Center
1335 Myers Street

Paradise

2nd Fridays monthly
11:00 am – 12:30 pm
Paradise Genealogical Society
1499 Wagstaff Rd.

Glenn County (530.898.5925)

Orland

1st Wednesdays monthly
10:00AM - 11:30AM
Glenn County Senior Center
19 Walker Street

Tehama County (530.898.5925)

Red Bluff

2nd Tuesdays monthly
1:30 – 3:00 pm
Tehama County Library
545 Diamond Avenue

Plumas County (530.898.5925)

Quincy

4th Wednesdays monthly
11am - 12:30pm
Plumas Rural Services
711 E. Main Street

Virtual Support Group

Via Zoom

3rd Thursdays monthly
11am – 12:30pm
Call 530-898-5925 or email
skhanchandani@csuchico.edu to receive
Zoom link (*prior to meeting date*)



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Lassen County (530.221.1900)

Susanville

2nd Tuesdays monthly
2:00 – 4:00 pm
Northeastern Rural Health Clinic
1850 Spring Ridge Drive

Shasta County (530.221.1900)

Redding

Caring for a Spouse 1st Thursdays
monthly
Caregiver Support Group 2nd Thursdays
monthly
2:00 – 4:00 pm
Oakmont Senior Living
2150 Bechelli Lane

Anderson/Cottonwood

Last Wednesdays of each month
2:00 – 3:00 pm
Call 530.221.1900 for location

Siskiyou County (530.221.1900)

Yreka

3rd Tuesdays monthly
2:00 – 3:30 pm
Madrone Senior Services
810 North Oregon Street

Mt. Shasta

3rd Wednesdays monthly
1:00 – 2:30 pm
812 Lassen Lane

Trinity County (530.221.1900)

Weaverville

4th Thursdays monthly
1:00 – 2:30 pm
Trinity County Office of Education
201 Memorial Drive