

Plumas County Caregiver Support Group

The most valuable support a family caregiver can receive is from a peer – someone who truly understands what it is like to care for a loved one. The purpose of this group is to provide a supportive atmosphere to share experiences, ideas, and to problem solve together to ease the stress of caregiving.



**Get
Connected**

Caregiver Meetup

When: 4th Wednesdays monthly

Where: Plumas Rural Services

711 East Main Street, Quincy, CA 95971

Time: 11am - 12:30pm

Date & Time

Subject to Change



Chico State Enterprises
Passages
Caregiver Resource Center



Visit our website:



Questions?
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