

Talk About It Tuesdays

The most valuable support a family caregiver can receive is from a peer — someone who truly understands what it is like to care for a loved one. The purpose of this gathering is to provide a supportive atmosphere to share experiences, ideas, and to problem solve together to ease the stress of caregiving.



**Get
Connected**

LGBTQ+ Caregiver Meetup

When: 4th Tuesdays every month @ 1:30pm

Where: Virtual (zoom)

Contact: Nicole Dow | email: ndow@csuchico.edu

Date & Time

Subject to Change



Chico State Enterprises
Passages
Caregiver Resource Center



website:



Phone:
530.898.5925

Social Media:
[Facebook Page](#)