



Family Caregiver Cafés

The most valuable support a family caregiver can receive is from a peer - someone who has been through what they are going through and can truly understand what it is like to care for a loved one.

Butte County (530.898.5925)

Chico

3rd Mondays monthly
10:00am – 11:30am
The Lodge at The Terraces (Shasta Room)
2750 Sierra Sunrise Terrace

Chico – Parkinson's Care Partners

3rd Tuesdays monthly
10:30am – 12pm
The Lodge at the Terrace (Shasta Room)
2750 Sierra Sunrise Terrace

Oroville

2nd Wednesdays monthly
2:00pm – 3:30pm
Feather River Senior Citizen Center
1335 Myers Street

Paradise

2nd Fridays monthly
11:00am – 12:30pm
Paradise Genealogical Society
1499 Wagstaff Rd.

Glenn County (530.898.5925)

Orland

1st Wednesdays monthly
10:00am - 11:30am
Glenn County Senior Center
19 Walker Street

Tehama County (530.898.5925)

Red Bluff

2nd Tuesdays monthly
1:30pm – 3:00pm
Tehama County Library
545 Diamond Avenue

Plumas County (530.898.5925)

Quincy

4th Wednesdays monthly
11:00am - 12:30pm
Plumas Rural Services
545 Diamond Avenue

Dates, times, and locations are subject to change.

Please call before attending, if it is your first time going or you haven't been in a while.



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Lassen County (530.251.1490)

Susanville – Collaboration with Northeastern Rural Health Clinic

2nd Tuesdays monthly

2:00pm – 4:00pm

Northeastern Rural Health Clinic

1850 Spring Ridge Drive

Shasta County (530.221.1900)

Redding – Caring for a Spouse

1st Thursdays monthly

2:00pm – 4:00pm

Oakmont Senior Living

2150 Bechelli Lane

Siskiyou County (530.221.1900)

Mt. Shasta -RSVP Required

3rd Wednesdays monthly

1:00pm – 2:30pm

812 Lassen Lane

Trinity County (530.221.1900)

Weaverville

4th Thursdays monthly

1:00pm – 2:30pm

Trinity County Office of Education

201 Memorial Drive

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