

Connections

Healthy IDEAS



Chico State Enterprises
Passages
Connections

MHSOAC
Mental Health Services
Oversight & Accountability Commission

Introducing an evidenced based program for older adults, Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors) that integrates depression awareness and management into case management services.

Here's how it works:

- *Screening and assessment for depression
- *Education on depression and treatment
- *Referral and linkage to treatment
- *Behavioral Activation

Call us today



530-898-6191
530-898-5923

